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## Register today!

#### Workplace of the Future

Konica Minolta Business Solutions U.S.A., Inc. The Traditional office environment is changing and will continue to do so, are you prepared?

Register at mahwah.com

#### **FEBRUARY 21**

Cyber Security Luncheon
Sponsored by Business Machine
Technologies, Inc.
Ho-Ho-Kus Inn & Tavern
Keynote speaker will be
Krista Valenzuela, a Senior
Cyber Threat Intelligence
Analyst with NJCCIC.
Register at mahwah.com

#### **MARCH 22**

#### Annual Luncheon

Sheraton Mahwah Hotel
Meet the new Board and see
what's new for 2019 while you
enjoy a delightful luncheon.

Register at mahwah.com





#### **HOLIDAY LUNCHEON**

On December 5th the Mahwah Regional Chamber held its Holiday Luncheon at the Crowne Plaza Hotel & Conference Center. Guests arrived and shopped in our Gift Emporium while seasonal music was playing in the background performed by the Mahwah High School Select Strings Orchestra. During the luncheon awards were given to Terrie O'Connor, Citizen of the Year; EarthCam, Inc., Company of the Year; and Family Promise of Bergen County, Organization of the Year.

Donations were given out to local charities, including \$20,000 to Pony Power Therapies, \$1,000 to Family Promise of Bergen County, \$1,470 to Table to Table, \$7,150 to Ramapo College Foundation, and \$40,000 from Tom Eastwick to various member Food Banks.

See page 5 for more info.

- Above, I: MRCC's annual Organization, Citizen, and Company of the Year Awards were presented to (I-r) Kate Duggan, Family Promise of Bergen County; Terrie O'Connor, Terrie O'Connor Realtors; and Brian Cury, EarthCam, Inc.
- Above, r: Retiring MRCC President Shannon Lazare received a plaque of appreciation from MRCC Treasurer Ben Mills and incoming President Pete Gallo. (c)
- Below, I: Event Sponsor Good Samaritan Hospital celebrated the holiday with a team presence.
- Below, r: The Holiday Boutique offered a great selection of last minute gifts.

#### CLICK HERE to view a video of the Holiday Luncheon





#### MEET THE NEW EXECUTIVE BOARD



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Peter Gallo Envision Video Services



Senior Vice President Rob

Angner
Valley Center
for Health
& Wellness



Treasurer

Benjamin Mills, CPA Goldstein Lieberman & Company LLC



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Sharon Rounds MRCC



Acting Executive Director

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Huggins

MRCC

## A NOTE FROM SHARON ROUNDS

Sharon Rounds, MRCC Executive Director, will be retiring after the Annual Luncheon on March 22.

I have been honored to serve as Executive Director of the Chamber since 2005. I have seen many businesses come and go over the years and have met amazing business men and women.

While the mission of the Chamber has stayed the same, the Chamber itself has changed with the times. We have increased membership, enhanced member benefits, added many signature events and kept up with technology improvements. Through all of this, MRCC has added many committees and increased member involvement. MRCC is a Chamber run by its volunteers from committee members through the Board of Directors and I thank each and every one of you that served as a volunteer.

I am looking forward to spending more leisure time with my family and friends and I hope to stay in touch with many of you. Please feel free to reach out to me at my personal email: sharonrounds157@gmail.com

Please congratulate Maureen, who will be replacing me as Executive Director.

#### **2019 DIRECTORY**

The Directory Committee is in full swing and getting ready for the distribution of our 2019 Membership Directory at our Annual Luncheon on March 22nd. The Committee is working on the cover and photos for the directory as well as making phone calls to solicit ads. Your ad will spotlight your company to nearly 600 members.

The Directory listing verification forms have been mailed out. If you have any changes in your company listing please submit it ASAP. Please help support the Chamber by placing an ad!

The deadline for ads has been extended to February 15, 2019. Order yours today!

# HWAH REGIONAL CHAMBER OF COMMERCE Owner, Euro RPORATE PARTIES Owner, Euro Owner

#### PRESIDENT'S MESSAGE

Dear Friends and Colleagues,

I am honored and proud to be your new President. I want to thank every one of our members, directors, staff, volunteers, sponsors, and business partners for making the MRCC Bergen County's premiere Chamber of Commerce.

The MRCC is an amazing organization with over 60 years of history. There is something for everyone within our Chamber. I encourage you to get to know your fellow members by getting involved with one of our committees and attending some of our many annual events (see our upcoming events on page 3). Together we can help each other grow and prosper.

If there is anything I can do to enhance your experience with the MRCC, please feel free to reach out to me directly. I look forward to working with each and every one of you.







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#### **MEMBER NEWS BRIEFS**

• Worldwide Community First Responder announced Randi M. Colton -Winner of 2018 New York Hero Award. She was honored at their Seventh Anniversary & Fundraising Gala last fall.

Rockland County, NY resident Randi Colton, the founder of **FitChick CPR**, took an interest in learning CPR her junior year of high school. She has more than 30 years of experience in CPR and First Aid training. and has been teaching various CPR and First Aid courses for nearly 15 years. She



most recently used her lifesaving skills to save a 69 year old who had gone into cardiac arrest.

She offers a wide variety of custom classes for the community in CPR/AED and First Aid. Randi is affiliated with The Valley Hospital Emergency Life Support Training Center in Ridgewood, NJ. Randi is also certified through National Academy of Sports Medicine (NASM), American Council of Exercise (ACE) and Aerobics & Fitness Association of American (AFAA). She is also a graduate of Hilton Johnson Productions, Inc. Health Coach Training Program. She is a member of several networking organizations: Mahwah Regional Chamber of Commerce (MRCC), Sloatsburg Chamber of Commerce, Tuxedo Chamber of Commerce, Suffern Chamber of Commerce, Rockland Women's Business Network (RBWN) and Pro Connect.



• Goldstein Lieberman & Company LLC's Managing Partner Phillip Goldstein, CPA, announced on January 4th, 2019, that the Firm made a \$1,000 donation to Family Promise.

According to Kate Duggan, who accepted the contribution on behalf of the not-for-profit, Family Promise is the only organization dedicated to providing shelter and support to working families who become homeless. Rebecca Day, a realtor with Sotheby's Prominent Properties and a Family Promise donor accompanied Ms. Duggan at the presentation. She explained that since 1986, Family Promise has helped thousands of adults and children become or remain self-sufficient and make strides toward the goal of true independence.

Partners Benjamin Mills and Bruce Margulies were also on hand for the presentation. The funds are part of Goldstein Lieberman's ongoing Goldstein Lieberman Cares program—an initiative that has awarded over \$650,000 to local charitable organizations since its inception in 2008 and has won the Firm considerable recognition, including the prestigious Pinnacle Award from the Rockland Business Association for its commitment to the community.



• On November 12th, more than 260 guests attended the 26th Annual A Fall Night of Fine Dining at the Indian Trail Club in Franklin Lakes and presented Betty and Quentin Wiest, (center) of Ridgewood with the **West Bergen Mental Health Agency**'s Distinguished Service Award.

Michael J. Tozzoli, West Bergen's CEO and Matthew J. Murphy, Ed.D., Executive Vice President of West Bergen's Board of Trustees, joined Board President Douglas J. Cronk in presenting the award to the Wiests (l-r above). In his remarks, Mr. Cronk noted, "This symbol of excellence is given each year to exceptional individuals. Betty and Quentin's generous spirit and dedication to the community make them the ideal recipients of this important award."

West Bergen is a non-profit organization providing a wide range of psychiatric and counseling services for all age groups with various levels of need. West Bergen is committed to meeting the psychological needs of each of its clients with sensitivity and responsive, innovative services of the highest quality. West Bergen strives to improve the quality of life in Bergen County and beyond – one life at a time. For further information on West Bergen and the services it provides please call our Access Center at (201) 485-7172.

• Inserra Supermarkets Inc. hosted a ribbon cutting at its newest store, the ShopRite of Wyckoff, on Sunday, January 13, 2019. The state-of-the-art supermarket is located at 430 Greenwood Avenue and will be run by the Inserra family, which operates 23 ShopRite stores in New Jersey and New York.

ShopRite of Wyckoff features a wide selection of groceries including both store and national brands, fresh produce and a variety of locally sourced, organic and gluten-free foods. The store also features signature Inserra store departments such as a Bakery, ShopRite Kitchen, Asian-Inspired Ramen and Poke Bowl Service Bar and Patsy's Butcher with a USDA Prime Dry Aged Beef Cabinet and service counter. A health and wellness department at the new store will also be staffed by a registered dietitian, who will provide free nutrition and wellness counseling to customers, associates and the community.

"We are very excited to kick off the New Year

with the grand opening of this cutting-edge new store, and we are glad to share the moment with our ShopRite family and Wyckoff neighbors. We



thank the Wyckoff community and our customers for their ongoing support," said Lawrence Inserra Jr., chairman and CEO of Inserra Supermarkets.

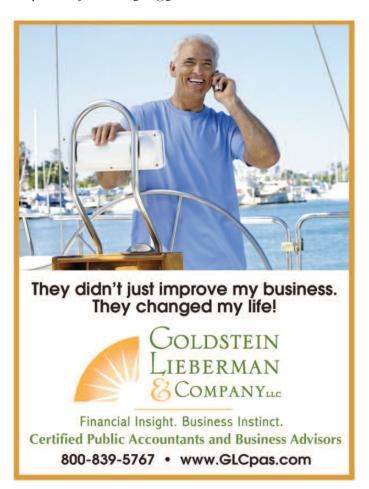
The ShopRite of Wyckoff will be open Monday – Sunday from 7am-12pm.



### MRCC RECOGNIZED BY WORLDWIDE COMMUNITY FIRST RESPONDERS

MRCC received a 2018 Lifesaving Partner Award from Jacqueline Cassagnol, MSN, RN, PhD(s) of Worldwide Community First Responders at their 7th Anniversary & Fundraising Gala on October 6. While many members of MRCC were on hand for this prestigious acknowledgement, the award was received by MRCC Executive Director Sharon Rounds. "It is a pleasure and honor to receive this award on behalf of MRCC," said Rounds. She proceeded to acknowledge the importance of WCFR and their mission to train live saving skills to local businesses and residents, as well as those in need worldwide. Rounds thanked MRCC's Young Professionals who saw value in this organization and collected money and medical supplies through their 2017 Community Outreach Project. One hundred first aid kits were purchased and many boxes of medical supplies were donated.

WCFR continues to be an active non-profit member at MRCC. This worthy organization is always in need of financial support, medical supplies, members and volunteers. For more information on WCFR please contact Jacqueline at jackiecassagnol@gmail.com.



#### **UPCOMING EVENTS**

- FEB 12 Free Member Benefits Overview; Chamber Office; Sponsored by M&T Bank
  - 13 Women In Business Initiative (WIBI); Chamber Office; Sponsored by TD Bank & Valley Health System
  - 15 The Workplace of the Future; Hosted by Konica Minolta Business Solutions U.S.A., Inc.
  - 20 Women In Business Initiative (WIBI); Chamber Office; Sponsored by TD Bank & Valley Health System
  - 21\* "Cyber Security" Luncheon; Ho-Ho-Kus Inn & Tavern; Sponsored by Business Machine Technologies, Inc.
  - 28 Young Professionals Networking; Brady's At The Station; Sponsored by TD Bank & Valley Health System
- MAR 5 "Mardi Gras" Business After Hours; Hosted by Biggie's
  - 13 Women In Business Initiative (WIBI); Chamber Office; Sponsored by TD Bank & Valley Health System
  - 20 Women In Business Initiative (WIBI); Chamber Office; Sponsored by TD Bank & Valley Health System
  - 22 Annual Luncheon; Sheraton Mahwah Hotel; Sponsored by TD Bank, Mercedes-Benz of Paramus and Valley Health Systems
  - 28 Totally Social 2 (WIBI); Hosted by Crowne Plaza Hotel & Conference Center Sponsored by TD Bank and Valley Health System
- APR 17 Women In Business Initiative (WIBI); Chamber Office; Sponsored by TD Bank & Valley Health System
  - 24 Women In Business Initiative (WIBI); Chamber Office; Sponsored by TD Bank & Valley Health System
  - 30 Young Professionals Networking; Lucky Strikes West Nyack; Sponsored by TD Bank & Valley Health System
- MAY 1\* "Timeless Topics for Your Health" Luncheon; The Views at Mt Fuji; Sponsored by Good Samaritan Hospital & Valley Health System
  - 8 Women In Business Initiative (WIBI); Chamber Office; Sponsored by TD Bank & Valley Health System
  - 14 Free Member Benefits Overview; Chamber Office; Sponsored by M&T Bank
  - 15 Women In Business Initiative (WIBI); Chamber Office; Sponsored by TD Bank & Valley Health System
  - 15 Bergen Biz Expo; The Venetian
  - 22\* Dinner & Networking Cruise with Hudson County CoC, Meadowlands Regional CoC, and Newark Regional Business Partnership

\*Sponsorships still available. Please inquire at the office.

All dates and events are subject to change. Please visit mahwah.com for up-to-date information and to register for all events.

#### **YPN ROCKS**

RIght: The YPN Committee organizes friendly networking get-togethers for business people under 40, with both members and non-members invited.

Below: YPN enjoyed their holiday networking party at Biggies in Ramsey with CIANJ (I) and a hearty Oktoberfest celebration (r).







# **Bergen County's Premier Chamber of Commerce™ WELCOMES NEW MEMBERS**

MRCC welcomes these new members, and invites you to visit them at mahwah.com

A Better Shipper, Mahwah

Avalon Marketing Solutions, Midland Park

**Cookie Cutters Haircuts for Kids**, Mahwah

Edward Jones, Upper Saddle River

Help is Here Coaching LLC, Ramsey

Jessica Poggioli, Psy.D., Waldwick

Meyerson, Fox, Mancinelli & Conte, P.A., Montvale

Monarch Consulting LLC, Glen Rock

MpowerMed, Inc. Mahwah

Pauline Carides, LCSW, LLC, Ridgewood

Prudential, Paramus

Schooley Mitchell, Mahwah

Strategic Employer Planning Group, Orangeburg

The Ivanov Group @ Keller Williams Village Square Realty,

Ridgewood

Werner Aero Services LLC, Mahwah

Effective January 14, 2019



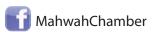


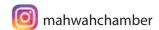
#### **MEMBER BENEFITS OVERVIEW**

New and prospective members are invited to attend MRCC's quarterly Member Benefits Overview Breakfast for a look at the many opportunities the Chamber offers its members. Please join us on February 12 or May 14. Register at mahwah.com

Right:
October's annual
Tailgate Luncheon
featured a picnic of
delicious BBQ from
the Mason Jar,
along with great
vintage cars and a
sampling of new
2019 models.











#### **Generosity and Community Spirit Shine at the**

#### **HOLIDAY LUNCHEON**

#### EASTWICK FOUNDATION'S "FEED THE HUNGRY" PROGRAM

"Feed The Hungry," Eastwick Foundation's centerpiece community outreach program donated \$40,000 to eight local food banks this past holiday season. To date, a total of \$180,000 has been graciously donated to these nonprofits.



CLICK HERE to view a video of the Holiday Luncheon

#### **MRCC DONATIONS IN 2018**

Clockwise from top right;

- Pony Power Therapies \$20,000
   Peter Gallo, Linda Rosato, Ben Mills,
   Shannon Lazare, and Dana Spett
- Ramapo College Foundation \$7,150 Dr. Peter Mercer
- Table to Table \$1470
   Peter Gallo, Ilene Isaacs, Rena Rothman
- Family Promise of Bergen County \$1,000 Kate Duggan, Shannon Lazare

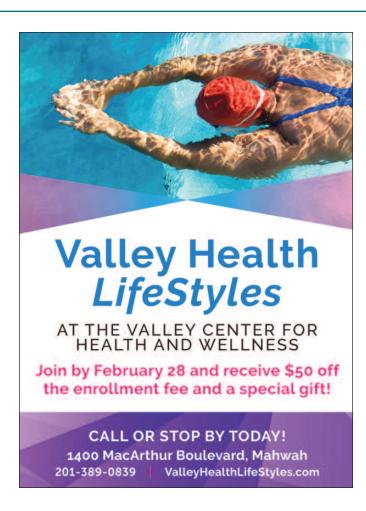


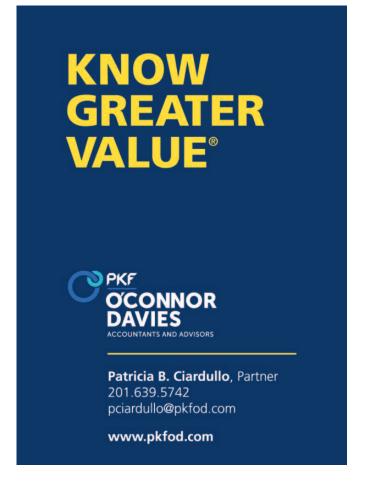




















# Business Growth in a Digital World CONFERENCE fuel opportunities in Bergen County and beyond The state of the state of

On October 30, 2018 the *Business Growth in a Digital World Conference* - sponsored by NJBIZ, M&T Bank, yMarketingMatters and ProMark Direct, along with TD Bank, BMT, Good Samaritan Hospital, Envision Video, Valley Health System and C3Workplace - welcomed over 150 attendees to rave reviews. Co-Chairs Pattie Simone and Yasmin Bendror, along with MRCC's dedicated Marketing Committee broadened the scope of the Chamber's third annual Conference.

The day long Conference, hosted by the Sheraton Mahwah Hotel, included a high-levelBusiness Owner Panel moderated by Donna Miller, CEO of C3Workplace, with Terrie O'Connor Owner of Terrie O'Conner Realtors, Craig Kunisch, Co-owner of the Mahwah and Allendale Bar & Grill, Cindy Myer, President of Ridgewood Moving and Stew Leonard, CEO of Stew Leonard Grocery Store chain (opening his first store in Paramus soon.)

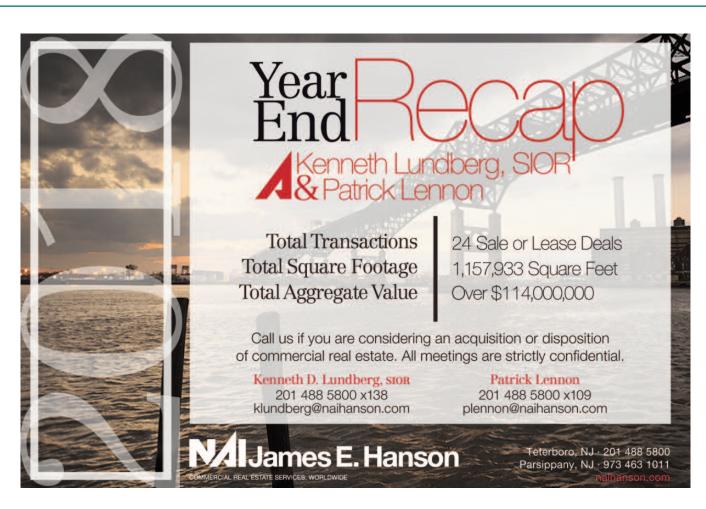
Expert Media Panelists included: Moderator Christina Daves of PR for Anyone, Wayne Cabot, WBCS Newsradio Morning Drive News Anchor, Joan Verdon Business Reporter from The Record, Nigel Edelshain, VP Digital Wainscot Media and Jessica Perry, Web Editor and Social Media Coordinator NJBiz.

CLICK HERE to view a video of the Conference











# TASTE of the REGION a Business Ghowcase



Our "Taste of the Region" on November 5 hosted by Crowne Plaza Hotel & Conference Center was our largest ever with over 450 in attendance! Attendees enjoyed visiting and sample tasting from 26 Food and Beverage exhibitors along with 25 Business Exhibitors.

#### A special thank you to our Sponsors:

Good Samaritan Hospital, Envision Video Services, TD Bank, Inserra Supermarkets Inc., Bergen Magazine, M&T Bank and Bergen Volunteer Center.

















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190 Franklin Tpke., Ste. 1 Mahwah monicavaras@allstate.com



#### MEMBER SPOTLIGHT

Mara Shelby

In May of 2018, I saw that the MRCC was doing a health and wellness luncheon and that there were vendor tables available which my product would be a good fit for. I called



Sharon and after explaining my business to her, she asked me to come in and meet with her, so I did. Being new in business and pushing myself out of my comfort zone for the first time, Sharon, Maureen, and Wendy took the time to explain the benefits of becoming a chamber member and why it would be good for me and my business. It was absolutely the best business decision I have made thus far. Through being on committees, going to the events, and belonging to the women's group (WIBI), I have created so many new friendships and business connections. I am so very happy to be a part of this wonderful community that has and continues to expand who I am as a person. I never would have grown my business or learned as much as I have had it not been for the MRCC. I am so very grateful.

Mara Shelby M.A.

Educational Leader - Prime My Body Independent Affliate and International Founder 201.452.7247 • hiddenfacetsllc@gmail.com hiddenfacets.primemybody.com





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#### **Mahwah Chamber Briefs**

PUBLISHED QUARTERLY BY THE

Mahwah Regional Chamber of Commerce One International Blvd., Suite 211, Mahwah, NJ 07495 201-529-5566 • info@mahwah.com EDITOR: Rena Rothman REPORTER: Maureen C. Huggins LAYOUT EDITOR: Maja Britton VP MARKETING: Aparna Mulchandani

MRCC reserves the right to edit information as needed. mahwah.com

# INUAL



\$45/members | \$60 non-members

#### **Exhibit Tables Available**

Non-member Exhibit Table \$100

Register online at mahwah.com or call 201-529-5566

#### Friday, March 22, 2019

11:30 a.m. - 2:00 p.m.

## Sheraton<sup>a</sup>

One International Blvd Mahwah, NJ 07495

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- Great Networking!
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- Meet the New Board of Directors
- Learn What's Planned for 2019
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- · A Farewell to Sharon Rounds, **Retiring Executive Director**





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WIBI's holiday breakfast at the Sheraton Mahwah Hotel was enjoyed by all.



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